



# Invitation

6<sup>th</sup> international Breda Open Acrobatics Cup

Acrobatic Gymnastics

24 Nov -26 Nov 2017 Breda-NEDERLAND

## Introduction

BredaGym is pleased to invite you to the 6<sup>th</sup> international Acrobatic Gymnastics tournament; the “Breda Open Acrobatics Cup”, which will take place in the city of Breda, the Netherlands.

After our previous successful editions, we hope to welcome even more teams this year.

The medal ceremony will take place **per exercise** and we will also announce an overall winner in each category for those teams who do all their exercises. It is also possible to participate in this competition with only one Dynamic, Static or Combine routine, in case the team is not ready for two or three exercises (yet).

BredaGym

## Provisional program

- Friday 24<sup>th</sup> of November 2017: Free training for the participants from outside the Netherlands at the competition hall and optional diner buffet.
- Saturday 25<sup>th</sup> of November 2017: Competition, optional diner buffet and GALA party
- Sunday 26<sup>th</sup> of November 2017: Competition, Closing ceremony and optional cold buffet

*Detailed schedule will be discussed with the OC-members when all subscriptions are finalized and will be send out to all participants*

## Categories

### Competition 1a

D level juniors 8-15 years

### Competition 1b

8 years and older

*-All combinations possible (pairs, trios and quadruplets)*

*-D regulations: attachment 1*

*-One combined exercise*

*-6 partner elements; 3 balance (3 seconds) and 3 dynamic*

*-There must be a handstand (from the top) with maximum of **3 contact points***

*-For groups there must be a dynamic element from the basket*

*-Individual elements max 16 points (at least one element from each category)*

*-Maximum length for exercise = 2.30m*

*-Total minimum 40 points for 10 start Value*

## Competition 2

C Level

8 years and older

- Elements and points as in Code Of Points from international FIG
- Base pyramid and dynamic elements can have a maximum of 14 points
- No maximum points for individual elements
- Separate competition for static exercise and dynamic exercise + overall result
- DV static: 20 points/ 40 points difficulty 0.20/0.40
- DV dynamic: 25 points = 10 start value
- Maximum length for exercise =balance 2.30m, dynamic 2.00m

### Static

- pairs: Handstand required + minimum one transition of the top or base
- pairs: minimum of five partner elements, Maximum of 8 partner elements
- pairs: no more than 4 elements in one series
- pairs: Maximum of one of the same transition of the top
- pairs: Maximum of 4 of the same elements of the top
- groups: minimum one transition of the top
- groups: minimum of two pyramids, with a minimum of three static positions of the top.
- groups: Maximum of four pyramids
- groups: maximum of 4 elements on one pyramid with the exception of cat 2 = max 3 elements
- groups: all pyramids have to be from a different category
- 3 individual elements (category 1 every partner have to show 2 kinds )

### Dynamic exercise:

- minimum of 6 partner elements
- minimum of 2 catches
- maximum of 3 dismounts for value
- maximum of 3 the same start positions for value
- maximum of 3 horizontal catches for value
- maximum of 3 combines for value
- maximum of 4 the same starting positions from platform for value
- maximum of 5 landings on the floor
- Pairs: minimum of one partner element from floor to hands/shoulders of base
- Pairs: minimum one 4/4 salto starting vertical
- Pairs: 3 individual elements ( minimum two out category 2) minimum one partner a salto or back handspring .

### Competition 3

B level

9 years and older

- Elements and points as in Code Of Points from international FIG
- No maximum points for partner elements
- No maximum points for individual elements
- Separate competition for static exercise and dynamic exercise + overall result
- DV static: 40/60 points difficulty 0.40/0.60
- DV dynamic: 40/60 points difficulty 0.40/0.60
- Maximum length for exercise = balance 2.30m, dynamic 2.00m

#### Static

- pairs: minimum of five partner elements, maximum of 8 partner elements
- pairs: Handstand from the top required
- pairs: minimum one transition of the top **AND** one transition of the base
- pairs: minimum of one element from the top on **one contact point**.
- pairs: no more than 4 elements in one series
- pairs: maximum of one of the same transition of the top
- pairs: Maximum of 4 of the same elements of the top
- groups: minimum of two pyramids, with a minimum of three static positions of the top.
- groups: Handstand from the top required
- groups: minimum one transition of the top
- groups: Maximum of four pyramids
- groups: maximum of 4 elements on one pyramid with the exception of cat 2 = max 3 elements
- groups: all pyramids have to be from a different category
- 3 individual elements 1 flexibility, 1 static hold and 1 agility

#### Dynamic exercise:

- minimum of 6 partner elements
- minimum of 2 catches
- maximum of 3 dismounts for value
- maximum of 3 the same start positions for value
- maximum of 3 horizontal catches for value
- maximum of 3 combines for value
- maximum of 4 the same starting positions from platform for value
- maximum of 5 landings on the ground
- Pairs: minimum of one partner element from floor to hands/shoulders of base
- Pairs: minimum one front and one back salto from vertical position and at least one needs to be 4/4 salto

Groups: minimum one front 4/4 salto and one back 4/4 salto from vertical position

- 3 tumbling elements with minimum one salto

#### Competition 4

Pupils 8-15 years

- Youth regulations
- Maximum length for exercise = 2.30m
- DV 0.5 difficulty 10

*Pairs:*

- One combined exercise with 6 elements.
- 6 partner elements;
- 2 static (3 seconds) elements, minimal 1 element from row III
- 2 dynamic each line
- 1 choice static element from the FIG max value 9 points
- 1 choice dynamic element from the FIG max value 14 points
- Individual elements max 16 points (at least one salto or back handspring each partner)
- Each missing element or an element that exceeds the maximum is a deduction from 1.0 point
- one 4/4 saltos starting vertical
- Total minimum 0.5 points for 10 start Value

*Groups:*

- minimum of two different pyramids, with a minimum of three static positions of the top and 3 dynamic elements.
- one balance pyramid element from the FIG youth rules
- one balance element of choice from the FIG value min 4 - max 16 points
- 2 dynamic elements from the FIG Youth rules. Each line max 1 element
- one dynamic element of choice from the FIG value min 1 - max 14 points
- maximum of 2 horizontal catches
- one 4/4 salto starting vertical
  
- 3 individual elements with at least one salto or back handspring
  
- No extra elements on the tariff sheet
- Catches and dismount max value 1
- Mounts, motions and combines max value 1
- Maximum of 2 dismounts

Maximum length for exercise = 2.30m

#### Competition 5

A level

AGE GROUP 9-16 years (DYNAMIC) FIG Rules

JUNIORS 1 12-18 years (DYNAMIC) FIG Rules

JUNIORS 2 13-19 years (DYNAMIC) FIG Rules

SENIORS 12 years and older (DYNAMIC) FIG Rules

#### Competition 6

A level

AGE GROUP 9-16 years (STATIC) *FIG Rules*  
JUNIORS 1 12-18 years (STATIC) *FIG Rules*  
JUNIORS 2 13-19 years (STATIC) *FIG Rules*  
SENIORS 12 years and older (STATIC) *FIG Rules*

#### Competition 6

JUNIORS 1 12-18 years (COMBI) *FIG Rules*  
JUNIORS 2 13-19 years (COMBI) *FIG Rules*  
SENIORS 12 years and older (COMBI) *FIG Rules*

#### **Entree fee**

B/C/D-level: € 15,- per participant  
Pupils/A-level: € 20.- per participant

#### **Judges**

Each participating federation/club has to provide a minimum of 1 judge when participating with two teams or more. Participating clubs are asked to provide at least one jury member for every category in which the club participates. When participating with more than 10 teams, you need to provide 2 judges. Without a judge you have to pay an additional fee of € 50,- for each missing judge.

The names and email- address from the judges must be provided before **15<sup>th</sup> of October 2017**

#### **Adjustments**

Adjustments of level and/or team composition is possible until 5<sup>th</sup> November.  
After 5<sup>th</sup> November it is no longer possible to pass adjustments.

#### **Insurances**

The organizing committee cannot be held responsible for any liabilities in case of accidents, illness, etc. Therefore, all competitors and officials must make their own arrangements for appropriate insurance (health, accidents etc).

## Music

The music should be delivered digitally this year on MP-3 files. No zip, download links etc. on the day of the competition please bring a CD as a backup. By e-mail: [boacmusic@ziggo.nl](mailto:boacmusic@ziggo.nl)

Stating, for example:

NR	Level	name	club
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**BOAC2017 – 16 – C level - Clarice en Leonardo \_ Cirque du Soleil.mp3**

## Tariff sheets:

You need to send them by email before 16<sup>th</sup> of November 12.00 to [BOAC@ziggo.nl](mailto:BOAC@ziggo.nl). One level each email!

In case the tariff arrives after 16<sup>th</sup> of November 12.00 there will be a deduction of 0.3 for each tariff sheet!

In case the tariff sheets arrives 48 hours before the competition there will be a DJ from 1.0 Changes on the tariff sheets are only possible in case of an **injury** and need to be issued with the judges before the judges meeting of that day!

Each participant can join the tournament only in one of the disciplines: pair or group and category.

## Declaration of interest

In order to help the organization comity, please let us know if you are interested in joining this tournament before the **1<sup>st</sup> of September 2017** via e-mail: [infofoac@ziggo.nl](mailto:infofoac@ziggo.nl)

The final registration form must be returned before **15<sup>th</sup> of October 2017**, as well as the Total payment

Bank account: NL66RABO0108927733

IBAN nummer: NL66RABO0108927733

BIC Code ING: RABONL2U

KvK number: 20116688

## Accommodation tips

Campanile Hotel & Restaurant Breda <http://www.campanile-breda.nl>

Premiere Classe Hotel Breda <http://www.premiere-classe-breda.nl>

Address of the competition Hal is: Topaasstraat 13 4817HA Breda