

# Flanders International Acro Cup

15<sup>th</sup> - 17<sup>th</sup> February 2018



## 01. General Information

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Ambitious Pro Gymnastics is pleased to invite you and your delegation to participate in the

### Flanders International Acro Cup 2018

This tournament will be organized in the city of Puurs, Belgium from 15 to 17 February 2018. The Flanders International Acro Cup is open to national and regional teams as well as for individual club teams. In this tournament, there will be a competition for AG, JUN, JUN+ and SENIOR. **During this tournament a FIG World Cup will be organized.** More info about the FIG World Cup can be found on the FIG website.

For the Flanders International Acro Cup, following age rules will apply:

- AG:** min 9 years old – max 16 years old - rules FIG 11-16
- JUN:** min 10 years old – max 18 years old - rules FIG 12-18
- JUN+:** min 11 years old – max 19 years old - rules FIG 13-19
- SENIOR:** min 12 years old – rules FIG Seniors

**PRIZE MONEY** will be awarded, under certain conditions, to the medal winners in the **AG, JUN, JUN+ and SENIOR** competition. See: 16. Medal Award Ceremonies.



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## 02. Provisional Schedule

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The detailed schedule will be defined in December 2017 and published on the website ([www.FIAC.be](http://www.FIAC.be)) as soon as available.

Monday, 12th February	Arrival of delegations Training as per schedule
Tuesday, 13th February	Arrival of delegations + accreditation Training as per schedule
Wednesday, 14th February	Podium Training as per schedule Orientation meeting
Thursday, 15th February	Qualifications AG/JUN/JUN+/SENIOR
Friday, 16th February	Qualifications AG/JUN/JUN+/SENIOR
Saturday, 17th February	Finals (all categories) Farewell Party
Sunday, 18th February	Departure of all delegations

## 03. Competition Venue

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SPORTHAL DE VRIJHALS

C. Verschaevestraat 15  
2870 Puurs  
Belgium

Competition and warm up floor: Janssen-Fritsen

Google maps link: <https://goo.gl/maps/Jhm2zeL1F792>

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## 04. Maximum size of delegation

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Each delegation may include:

1 Head of delegation

1 Team Manager

1 - 5 Coaches (max 1 coach / 3 formations)

**At least 1 judge is obligatory** See 19. *Additional Information*

Unlimited number of acrobatic teams

## 05. Competition Format

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This competition will be organized following the FIG regulations, except for any deviation mentioned in this invitation document.

Qualifications and Finals in all categories.

### Qualifications:

AG/JUN/JUN+/SENIOR: 1 static and 1 dynamic exercise

### Finals:

Top twelve proceed to the final.

If less than 18 entries in a category, only top 8 proceed to the final.

If less than 10 entries in a category, only top 6 proceed to the final.

AG: 1 static or 1 dynamic exercise according FIG rules

JUN/JUN+/SENIOR: 1 combined exercise

**Qualification scores determine the starting order in the finals, but scores in all finals start from zero.**

FIAC tie break rules will be explained in the accreditation folder and during the orientation meeting.

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## 06. Deadlines for entries

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Opening of provisional entries: 8<sup>th</sup> October 2017 10 am UTC

Provisional entry: 1<sup>st</sup> November 2017

Definitive entry: 14<sup>th</sup> November 2017

Nominative entry: 14<sup>th</sup> January 2018

All entry forms will be made available on: [www.fiac.be](http://www.fiac.be). **Please use the online forms.**

***The number of teams that can enter the competition is limited. The principle of “first in-first served” will be used, based on the provisional entries. Participation is only guaranteed after you received an email with an invitation to fill in the definitive form and when this form has been submitted and the pre-payment has been done. Places from non confirmed provisional entries go to teams on the waiting list.***

## 07. Entry Fee

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AG: 20 Euro / gymnast

JUN/JUN+: 30 Euro / gymnast

SENIOR: 40 Euro / gymnast

## 08. Official Hotels - Meals - Transport (all in)

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### **HOTEL**

single room - full board: €140 / night / person

double room - full board: €100 / night / person

triple room - full board: €90 / night / person

quadruple room – full board: €80 / night / person – ONLY MEN’S GROUPS

### **YOUTH HOSTEL**

Full board: €65 / night / person (single, double, triple, quadruple and 6-persons room). The room type will be decided by the Organizing Committee (OC) depending on availability. It is required to bring your own towels and toiletries.

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## GENERAL INFO

**Full board** is included in the accommodation packages booked through the OC. Breakfast will be served at the ho(s)tel. Lunch/dinner will be served at the competition venue upon presentation of the accreditation badge.

**NO ACCREDITATION = NO MEALS!!!**

At the time of check-in, each delegation must pay a (cash) deposit of €500 to the hotel reception. This deposit will be returned in full at the time of check-out but only if the delegation returns the allocated room(s) in its/their original and proper state (= at the time of check in) and if there is no damage done by the delegation in the hotel.

**Transfers** from and to any Belgian airport or Brussels railway station to and from the official ho(s)tels as well as between the official ho(s)tels and the competition venue will be provided to the delegations who booked their accommodation through the Organizing Committee. The transport schedule will be communicated day by day. The schedule will be strictly followed by the drivers.

**PLEASE BE ON TIME!!!**

## 09. Finances

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The delegations are responsible for covering their travel expenses, accommodation, meals and entry fee. **100 % of the entry fee + 50 % of the accommodation package must be paid at the time of the definitive entry** (14<sup>th</sup> November 2017) to:

Bank : BNP Paribas Fortis  
Address : Warandeberg 3  
1000 Brussel  
Account name : Ambitious Pro Gymnastics vzw  
SWIFT : GEBABEBB  
IBAN : BE32 2930 2050 0502

**The entry fee is not refundable.**

**The accommodation fee is only refundable if cancellations are made before 7<sup>th</sup> January 2018.**

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Make sure all possible transfer charges (sending **and** receiving) are payed to ensure the correct amount is deposited on our account. When making an international bank transfer you can usually choose between different options, depending on who should pay the fees: the **OUR** instruction means you pay all transfer charges.

## 10. Visa

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If you need an official invitation to obtain a visa to travel to Belgium, please contact the OC as soon as possible (contact info see: 20. *Organizing Committee*)

## 11. Insurance

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All delegations are responsible for having the necessary coverage against accidents and illness. The OC will verify the certificates of insurance (copy of policy) of all delegation members upon arrival at accreditation. All persons who cannot provide proof of adequate insurance coverage at time of accreditation are offered an insurance package for €100 a person in order to be accredited.

## 12. Medical Services

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Medical services during the competition will be provided by a physiotherapist and a team of the Red Cross with ambulance service. Nearest General Hospital at 10 minutes' drive / University Hospital Antwerp and Brussels at 20 minutes' drive from venue.

## 13. Media

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Media representatives (journalists, photographers, TV) must request a special accreditation from the OC. The media will be assigned special seating and working conditions. Please contact the OC as soon as possible (contact info see: 20. *Organizing Committee*)

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## 14. Accreditation - Tariff sheets - Music

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**The accreditation** system identifies individuals participating in the competition and ensures controlled access to each area. All participants and officials are required to wear accreditation cards at all times.

At accreditation the Heads of Delegation must check the correct names of their complete delegation, verify accommodation requirements and make the necessary payments, including insurance if no certificate of insurance can be shown.

The accreditation card is personal, non-transferable and compulsory to control access to training and competition hall, functions, official transport, lunches and dinners.

**Lost accreditation cards can be replaced at a price of €100.**

The Heads of Delegation have to present the **passports** of all members of the team. **Proof of adequate insurance coverage** should be submitted to the OC.

In order to save time during the accreditation process, we encourage delegations to send us the copies of passports and insurance certificates by email ([oc@fiac.be](mailto:oc@fiac.be)).

**The definitive workplan will be given at the time of accreditation.**

**Tariff sheets** must be in our possession at the latest by 4<sup>th</sup> of February 2018. Please email them to [tariff-sheet@fiac.be](mailto:tariff-sheet@fiac.be). You will receive an acknowledgement of reception. Make sure each tariff sheet is on **one page and in pdf format**.

**Music:** we ask you to send the music as *MP3 files* to [music@fiac.be](mailto:music@fiac.be). Deadline 4<sup>th</sup> of February 2018.

*How to name the MP3 files?*

Structure: Competition number\_Level\_Category\_Country\_Gymnasts\_Routine

The **competition number** for each team will be communicated to the club/federation after the nominative entry has been received.

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**Levels:** AG, JUN, JUN+ and SEN

**Categories:** WP, MP, MxP, WG and MG

**Country:** 3-letter country code e.g. BEL, USA

**Gymnasts:** first letters of first names of each gymnast of the team. E.g.: a team composed of Carola, Beth and Ann will give: CBA

**Routine:** Balance: Bal; Dynamic: Dyn; Combined: Com

Example: 153\_AG\_WG\_BEL\_CBA\_Dyn

## 15. Opening Ceremony

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Two competing gymnasts per club will be requested to participate in the Opening Ceremony. The National or Team track suit must be worn.

## 16. Medal Award Ceremonies

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Only the first three places will be requested to participate in the Medal Award Ceremonies. They are requested to appear in competition suit.

**PRIZE MONEY** will be given for the **AG, JUN, JUN+ and SENIOR competition** if, per category, at least 6 teams are in the finals **and** teams from at least 3 different countries entered the competition (qualifications) in that category. If these conditions are not fulfilled but the score without difficulty (D-score) of the team in the final is equal or above 25.000 points, prize money will be given to this team.

### **AG**

1st place – 30 Euro (for each partner of the Pair/Group)

2nd place – 20 Euro (for each partner of the Pair/Group)

3rd place – 10 Euro (for each partner of the Pair/Group)



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## JUN/JUN+

1st place – 60 Euro (for each partner of the Pair/Group)

2nd place – 40 Euro (for each partner of the Pair/Group)

3rd place – 20 Euro (for each partner of the Pair/Group)

## SENIOR

1st place – 120 Euro (for each partner of the Pair/Group)

2nd place – 80 Euro (for each partner of the Pair/Group)

3rd place – 40 Euro (for each partner of the Pair/Group)

## 17. Farewell Party

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A farewell dinner will be organized and will be followed by a farewell party.

All delegations who have booked their accommodation with the OC are invited to participate without additional payment.

**Extra tickets** will be available at the OC office at **€25 per person**. Requests for extra tickets must be made at the very latest Thursday, 15<sup>th</sup> February 2018.

## 18. Departure of Delegations

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Please see the work plan that will be made available at accreditation.

If you need additional information, don't hesitate to contact the OC-office.

## 19. Additional Information

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All further information concerning the detailed program will be given with the official work plan in February 2018.

**Additional payments: NO JUDGE : €200**

**If you haven't booked via OC, meals (lunch/dinner) are available at €15/meal/person**

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## 20. Media rights

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The organization records and streams the competition and has the right to put the movies online. Entering the competition automatically grants APG and FIAC the rights to use and publish all photographic material and image rights.

## 21. Organizing Committee

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Jan De Donckerlaan 4  
2870 Puurs - Belgium

Mobile: + 32 468 10 20 18

E-mail: [oc@fiac.be](mailto:oc@fiac.be)

E-mail President OC: [president@fiac.be](mailto:president@fiac.be)

E-mail tariff sheets: [tariff-sheet@fiac.be](mailto:tariff-sheet@fiac.be)

E-mail music: [music@fiac.be](mailto:music@fiac.be)

Website: [www.fiac.be](http://www.fiac.be)