



2nd Acro Palooza

Offering all things ACRO!
MAY 25-27, 2018

General Information

The event will be open to all Gymfest, Gymnaestrada, hand balancers and competitive acrobatic gymnastics athletes. All routines will be performed on a standard 13 meter by 13 meter sprung gymnastics floor. **Footwear is not permitted.**

Please see specific discipline rules for information on age requirements and performance criteria.

Registration details can be sent by mail to:

Calgary Acrobatic Gymnastics Club
Bay #3 - 640, 28th Street N.E.
Calgary, Alberta T2A-6R3

Or by email to:

palooza@calgaryacro.ca

Important Dates & Deadlines

- Nominative Form (page 8) due by: January 31, 2018
- Registration package due by: March 28, 2018
- Deposit (Entry fees + 10% of hotel booking) due by: March 28, 2018

***Registrations received between March 28th and May 2nd subject to 10% late fee.**

***Registrations will not be accepted after May 2nd.**

- Final Payment due by: May 2, 2018
- Music due by: May 16, 2018
- Tariff sheets (competitive acro only) due by: May 16, 2018



CALGARY ACRO

Event Details



GENESIS
CENTRE
5 YEARS 2012-2017

We are very excited to announce that this year's event will be held at the incredible Genesis Centre facility!

Address: 7555 Falconridge Blvd NE
Calgary, AB T3J-0C9

Costs:

Athletes: \$100 for the first event; \$50 for each event thereafter. All full fee registrations include one T-shirt and one athlete banquet ticket. Discounted (second or third) entries will not receive additional T-shirts or banquet tickets.

Spectators: \$10 per day or \$15 for both days (**does not include banquet**).

Banquet: \$20 per ticket (each registered athlete will receive one ticket included in registration fee).

Schedule

A performance schedule will be circulated once registration is closed.
The following is a general event schedule:

Date	Description
May 25th	Arrival of teams (Hotel check in 3pm). Open training (as requested). Managers Orientation Meeting.
May 26th	Day 1 of competition and performances. Athlete and Family Banquet (evening).
May 27th	Day 2 of competition and performances. Departure of teams (hotel check out 11am).

Awards

Details on event awards will be included in the confirmation package including team trophies, MTC award and medals. Additional prizes may be distributed throughout the event and at the banquet.



CALGARY ACRO

Equipment and Facility



The ceiling height clearance above the floors is 29 feet. There will be a FIG approved full 13 meter by 13 meter floor in both the warm-up area and the competition venue. Hand blocks for the “Master the Canes” category will be official Juggle Gear hand blocks. Additional equipment such as spotting mats, mini-trampolines and or stacking blocks may be requested (not guaranteed). Requests must be submitted in writing by March 28, 2018.

Accommodation Details



Address: 6620 36th Street NE
Calgary, AB T3J-4C8

Room Type	Price (Tax not incl.)	Breakfast
Standard 1 Queen (1-4 guests)	\$125	Includes 2
Standard 2 Queen (1-4 guests)	\$139	Includes 4

Clubs wishing to have their families and athletes booked separately to the club package are asked to please provide the block code “1805CAACRO” to guarantee room rates and breakfast. Individual room bookings (not included in the club package) can be accommodated by calling (403)475-1111 and providing the block code.

Maximum quadruple occupancy in any room.

- All Rooms subject to 5% GST, 4% Provincial Room Tax and 3% Destination Marketing Fee
- Breakfast buffet vouchers are for the hot breakfast buffet. Additional breakfast buffet vouchers can be purchased for \$10.00/person
- All guest rooms include complimentary high speed internet access & complimentary parking
- All guest rooms are 100% smoke free
- Check In is at 3:00pm
- Check Out is at 11:00am



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Every effort will be made to place teams in close proximity to one another. This cannot be guaranteed however and many factors such as room type and availability may affect team booking proximity.

All guests will be required to provide a Credit Card for any incidentals.

Transportation

Please indicate in writing if your club requires ground transportation no later than March 28th, 2018. Please note that there may be additional charges for this service.

Additional Requests

Clubs arriving from out of country wishing to have additional training and or transportation are asked to email the request to "palooza@calgaryacro.ca". Please indicate the arrival and departure date in the registration spreadsheet.



CALGARYACRO

Group Category

Gymfest, Gymnaestrada & Team Performances

Rules:

Suggested routine length:

Groups with 4 - 9 gymnasts: 3 minute maximum.

Groups with 10 - 19 gymnasts: 5 minute maximum.

Groups with 20 - 35 gymnasts: 10 minute maximum.

Groups with 36 or more gymnasts: 15 minute maximum.

For special requests or exemptions please email us.

Costs:

Groups - \$100.00 per gymnast.

Athletes in multiple events or routines must pay \$50 for each additional entry.

Ages:

No age restrictions. This category is open to any and all participants.

Awards:

Top overall performance will be given a special award. Participation awards will be distributed to all other participants.

Insurance:

All clubs are required to show proof of liability insurance. Each club/federation is responsible for ensuring its members have the appropriate coverage against accidents, illness or injury. Any accredited person(s) who cannot provide proof of adequate insurance coverage will not be permitted to compete.

Travel Visas:

Any Country requiring an official invitation in order to obtain a travel visa is asked to please email a request prior to March 28, 2018.

Music:

All clubs are asked to label music as follows:

CLUBNAME_ROUTINENAME_LENGTH

Example: CALGARYACRO_QUEENMANIA_4:56.mp3

Deadline to submit music is **May 16, 2018**. Dropbox information will be distributed in the confirmation package.



CALGARYACRO

Calgary International Acro Cup (CIAC)

Competitive Junior Olympic and FIG Acro levels

Costs:

All disciplines - \$100.00 per gymnast.

Athletes in multiple events or routines must pay \$50 for each additional entry.

Each club/country must provide a trained or certified judge to sit on the panel. Clubs unable to provide a qualified individual will be required to pay a \$250 Judging Fee.

Levels:

JO 5-10 (as per version 3/3/17)

YOUTH (see page 5)

FIG (AG1, AG2, Junior & Senior) (2017-2020)

Ages:

No age categories.

Awards:

All levels will be ranked as per final scores and medals will be awarded for top 3. Rules for finals and ties as per FIG rules. Participation awards will be distributed to all other participants.

Insurance:

All clubs are required to show proof of liability insurance. Each club/federation is responsible for ensuring its members have the appropriate coverage against accidents, illness or injury. Any accredited person(s) who cannot provide proof of adequate insurance coverage will not be permitted to compete.

Travel Visas:

Any Country requiring an official invitation in order to obtain a travel visa is asked to please email a request prior to March 28, 2018.

Music:

All clubs are asked to label music as follows:

CLUBNAME_SPECIALITY_CATEGORY_EXERCISE

Example: CALGARYACRO_W3_AG2_BAL.mp3

Deadline to submit music is **May 16, 2018**. Dropbox information will be distributed in the confirmation package.

Tariff:

All clubs are asked to label tariff sheets as follows:

CLUBNAME_SPECIALITY_CATEGORY_EXERCISE

Example: CALGARYACRO_W3_AG2_BAL.pdf

Deadline to submit tariff sheets is **May 16, 2018**. Dropbox information to be distributed in the confirmation package.



CALGARY ACRO

Youth Rules:

1 Combined exercise (difficulty is calculated in accordance with FIG 11-16 Age Group rules).

2 minutes maximum duration.

Pairs: choose 2 balance elements from 11-16 difficulty tables + 1 optional element from FIG tables and 2 dynamic elements from 11-16 difficulty tables + 1 optional element from FIG tables.

**OPTIONAL can be from 11-16 difficulty tables but cannot be from the same rows used for the compulsory elements.

Groups: choose 1 pyramid from 11-16 difficulty tables + 1 optional pyramid from FIG tables (only 2 static holds of 3" are required in the routine) and 2 dynamic elements from 11-16 difficulty tables + 1 optional element from FIG tables.

**OPTIONAL can be from 11-16 difficulty tables but cannot be from the same rows used for the compulsory elements.

Individual: 3 individual elements must be executed – Category does not matter i.e. can be cat1 or cat2 (NO SALTO REQUIRED).

FIG Rules:

See FIG 2017-2020 Rules

<http://www.fig-gymnastics.com/site/rules/disciplines/acro>

Junior Olympic Rules:

See USAG COP -Updated March 3, 2017

https://usagym.org/pages/acro/pages/jo_codeofpoints.html



CALGARY ACRO

Master the Canes (MTC)



Organized and operated under the permission and approval of Starch (Belgium). This event is proudly sponsored by Jugglegear. Tables of difficulty will be posted on the Calgary Acro website however clubs may also request that the tables be sent to them in advance if delayed.

General Rules (Specific Rules will be posted on our website)

D-Level:

Specific requirements; 1 static hold
Limitations; max 2 static holds
Forbidden elements; Handstand, elements on 1 hand

C-Level:

Specific requirements; 2 different static holds
Limitations; max 3 different static holds
Forbidden elements; handstand (with the exception of a straight handstand on 2 hands or 2-on-1)

B-Level:

Specific requirements; 3 different static holds (1 handstand)
Limitations: max 4 different static holds

A-level:

Specific requirements; 4 different static holds, 2 different handstands (Planche is not considered a handstand)
No limitations



CALGARY ACRO

Nominative Form (Due Jan. 31, 2018)

Club Name: _____ Email: _____

Primary Club Contact (name): _____ Ph: _____

Please complete this form as close to your true anticipated numbers as possible. Please indicate approximate number of participants you will have in the following categories:

GROUP CATEGORY		
Level	Total Number of Routines	Total Number of Athletes
3 Min		
5 Min		
10 Min		
15 Min		

CALGARY INTERNATIONAL ACRO CUP (CIAC)						
Level	MP	WP	MxP	WG	MG	Total Number of Units
JO 5						
JO 6						
JO 7						
JO 8						
JO 9						
JO 10						
Youth						
AG 1 (11-16)						
AG 2 (12-18)						
Junior (13-19)						
Senior (15+)						

MASTER THE CANES (MTC)	
Level	Total Number of Athletes
D	
C	
B	
A	