



# XI "ANDALUCIAGYM CUP" ACRO-GYMNASTICS OPEN

Once again, we are pleased to invite you to the **XI ANDALUDIAGYM CUP ACRO GYMNAS-TICS OPEN**. In this event, the Andalusian Gymnastics Federation will continue working hard to offer a great Acro-Gymnastics International Competition in Spain.

# **DIRECTIVES**

## DATES.

• From 15<sup>th</sup> – 18<sup>th</sup> May 2025.

MAY 2025						
L	М	Х	J	V	S	D
			1	2	3	4
5	6	7	8	9	10	11
12	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27	28	29	30	31	

# COMPETITION VENUE.

- Estadio de la Juventud de Granada.
- Camino de Ronda, 171. CP: 18003.
- Granada Spain

## **ORGANIZERS.**

- Andalusian Gymnastics Federation, with the collaboration of Junta de Andalusia.





## **REGISTRATION DATES.**

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There is a unique registration form to make this process easier. Please, send one registration form for each pair or group attending to the following dates:

- INTENTION OF REGISTRATION (COUNTRY/CLUB): due date: April 1st. All the clubs/federations who are willing to participate in our competition should send an email to our address acrogym.andaluciacup@gmail.com . Then we will give you a link, username and password in order to be able to proceed with the registration.
- NOMINATIVE REGISTRATION DEADLINE: April 1st 2025 (included). Nominative registration
  with names and will be through the website of the competition, we will send you the link,
  username as password as soon as you confirm your participation. You must attach the payment receipt to complete your reservation also in the website. If you make it before March
  1st 2025, you will have a discount:

CATEGORIES	UNTIL MARCH 1 <sup>ST</sup>	UNTIL APRIL 1 <sup>ST</sup>	
ALL CATEGORIES	35 € x gymnast	40 € x gymnast	
**After the April 1 <sup>st</sup> we will not accept any registration form.			

#### **BANK DETAILS**

- BANK NAME: BBVA (BANCO BILBAO VIZCAYA ARGENTARIA)
- BANK ADDRESS: C/ Granada, 1, 2º planta. C.P.: 41006. Sevilla
- ACCOUNT NUMBER: 0182 5566 77 0201513873 IBAN: ES34 0182 5566 7702 0151 3873
- SWIFT/BIC: BBVAESMMXXX
- THE TRANSFER GOES TO: Federación Andaluza de Gimnasia. Avda. De Hytasa, 10. C.P.: 41006. Sevilla.

#### **CONTACTS:**

- Acrogym.andaluciacup@gmail.com
- Elena Lushnikov Lushnikova (Russian, Spanish: +34 692910092)
- Nicolás Fresneda Valenciano (English, Spanish: +34645090857)

\*The Registration Fee includes: participant entrance to the competition, competition T-shirt, and water for each participant. Registration Fee is not refundable.



# ACCOMMODATION.

FEDERACIÓN ANDALUZA GIMNASIA

# HOTEL GRANADA CENTER \*\*\*\*

## Avenida de Fuentenueva, s/n. CP: 18002 - Granada – España







https://www.hotelescenter.es/es/hotel- granada-center	BED AND BREAKFAST	HALF BOARD	FULL BOARD
SINGLE ROOM	170 €/ PERSON/DAY	205 €/ PERSON/DAY	240 €/PERSON/DAY
DOUBLE ROOM	100 €/ PERSON/DAY	135 €/ PERSON/DAY	170 €/ PERSON/DAY
TRIPLE ROOM	95 €/ PERSON/DAY	130 €/ PERSON/DAY	165 €/ PERSON/DAY

Located 500 m from pavilion. 6 min. walking.

#### HOTEL URBAN DREAM NEVADA\*\*\* Calle Benjamín Franklin, 3. CP: 18100 – Armilla - Granada – España







http://www.urbandreamne- vada.com	BED AND BREAKFAST	HALF BOARD	FULL BOARD
SINGLE ROOM	75 € / PERSON/DAY	88 € / PERSON/DAY	101 € / PERSON/DAY
DOUBLE ROOM	45 € / PERSON/DAY	58 € / PERSON/DAY	71 € / PERSON/DAY
TRIPLE ROOM	40 € / PERSON/DAY	53 € / PERSON/DAY	66 € / PERSON/DAY
QUADUPLE ROOM	35 € / PERSON/DAY	48 € / PERSON/DAY	61 € / PERSON/DAY

Located 5 km to the pavilion. 10 minutes by bus. We will provide transport for it.

#### HOTEL B&B GRANADA ESTACION\*\*\* Avda. Juan Pablo II, 35. CP: 18014 –Granada – España







tel/granada-estacion	ED AND BREAKFAST	HALF BOARD	FULL BOARD
SINGLE ROOM	35 € / PERSON/DAY	105 € / PERSON/DAY	125 € / PERSON/DAY
DOUBLE ROOM	50 € / PERSON/DAY	70 € / PERSON/DAY	90 € / PERSON/DAY

Located 4 km to the pavilion. 10 minutes by bus. We will provide transport for it.



We offer you again an excellent amount of great hotels in GRANADA, located very close to the

venue. For accommodation reservations, please, complete it in the website. Hotel deadlines:

- 1st deadline: until April 1<sup>st</sup> 2025. The 50% of the total amount must be paid
- 2nd deadline: until April 14<sup>th</sup> 2025. The 100% of the total amount must be paid.

Cancels only can be made by email. You must confirm that your mail has been answered confirming your cancel. The refund will be made according to the next dates:

- Until April 1<sup>st</sup> 2025 will be refunded 100% of the payment.
- Between April 2<sup>nd</sup> to April 14<sup>th</sup> will be refunded 50% of the payment.
- After April 15<sup>th</sup>, any payment WILL NOT BE REFUNDED.

Transport from Granada Airport, Granada Rail Station and Granada Bus station to the hotels is included in the registration fee.

#### ACROBATICS GYMNASTICS GENERAL RULES.

- Each competitor must bring his own insurance licence. Gymnasts and coaches must be insured at his or her own expense. The organization will not allow any gymnast or coach without insurance policy. All insurance documents must be attached in the registration website along with their passport or identity card with the approval of your own federation/club. Deadline before **April 15<sup>TH</sup>**.
- A gymnast cannot participate in two categories and/or disciplines.
- There will be trophies for Balance, Dynamics and Allround routines. No team classification.
- Qualifications.
  - Infantil and Cadete categories. 1 Combined routine. If there are less than 10 teams, there will not be final.
  - Juvenil, Pre-Junior 10 18, Junior 11 19 and Senior. 1 Balance and 1 Dynamic routine.
- <u>All finals start from zero.</u> Finals will be according to:
  - 10 or more entries. Top 8.
  - Less than 10 entries. Top 6.
  - Infantil and Cadete. 1 Combined routine
  - ▶ Juvenil. 1 Balance or 1 Dynamic routine according to FIG rules 2025 2028.
  - If more than 10 teams in 10 18, 11 19 and Senior. 1 Combined routine. Starts from 0.



- Each club will contribute with the competition with nominated judges. Judges must warrant official clothes.
  - Only one judge is required.
  - If a club cannot provide 1 judge there is a <u>penalty</u> of 300 €, which must be deposited in advantage in BBVA 0182 5566 77 0201513837, and sent until April 1<sup>st</sup> to <u>acrogym.andaluciacup@gmail.com</u>
  - All Tariffs Sheets must be sent before May 5<sup>th</sup> included in PDF to the email address: acrogym.andaluciacup@gmail.com
- All Tariffs sent in other format different to PDF or out of time will be 50 € per tariff. Minor changes are possible until 1 hour before the competition starts. To make those minor changes you must provide 3 tariff sheets for routine and group to the principal judge, CPJ, with a note in the right corner of: NEW TARIFF SHEET and signed by the coach and CPJ.
- Music must be uploaded to our website until May 5<sup>th</sup> included. All the music files must be named as: DORSAL\_CATEGORY\_MODALITY\_ROUTINE\_NAMES\_CLUB.
  - > EXAMPLE: 043\_JUNIOR\_WP\_BALANCE\_ANA\_MARIA\_ACROBATOS
- Teams must provide one USB pen drive with all the music correctly identified to the organizers once they arrive to the competition.
- Competition floor and burning floor will be an Official Gymnastic Floor. (GAOFEI & GYM-NOVA)

WP	CATEGORIES	AGE (During competition year)	RULES	INTERNATIONAL EQUIVALENT
МХР	INFANTIL	7 – 14 years old	Infantil SPAIN 2025	
	CADETE	8 – 16 years old	Cadete SPAIN 2025	
MP	JUVENIL	9 – 16 years old	Juvenil SPAIN 2025	Pre-youth - 11 - 16
WG	PRE-JUNIOR	10 – 18 years old	FIG	Youth - 12 - 18
	JUNIOR	11 – 19 years old	FIG	Junior
MG	SENIOR	≥ 12 years old	FIG	Senior

# CATEGORIES AND MODALITIES IN ACROBATIC GYMNASTICS.

- In all modalities, difficulty is open. You can do 0,9 DV in Dynamic 11-16, for example, or 135 points in Balance 12-18. There will not be penalty for it.
- No SPANISH RULES BONUS will be credited for final difficulty.



# **PROVISIONAL SCHEDULE.**

WEDNESDAY MAY 14 <sup>th</sup>				
MORNING	AFTERNOON			
ARRIVALS	ARRIVALS			
THURSDAY	Y MAY 15 <sup>th</sup>			
MORNING	AFTERNOON			
ARRIVALS	ARRIVALS			
ACREDITATION IN THE COMPETITION ARENA	ACREDITATION IN THE COMPETITION ARENA			
Acrobatic Gymnastics trainings, between 09:00h to 14:00 h.	Acrobatic Gymnastics trainings, between 16:00h to 21:30 h.			
Training will be organized according to the arrivals of the gymnasts. We only allow one routine for time for each routine.	Training will be organized according to the arrivals of the gymnasts. We only allow one routine for time for each routine.			
FRIDAY MAY 16 <sup>th</sup>				
MORNING	AFTERNOON			
ACREDITATION IN THE COMPETITION ARENA	General warm-up.			
Acrobatic Gymnastics trainings, between 09:00h to 14:00 h.	Open Ceremony.			
14.00 11.	COMPETITION.			
Training will be organized according to the arrivals of the gymnasts. We only allow one routine for time for each routine.	Awards ceremony for finished categories.			
SATURDA	Y MAY 17 <sup>th</sup>			
MORNING	AFTERNOON			
General warm-up.	General warm-up.			
COMPETITION.	COMPETITION.			
Awards ceremony for finished categories.	Awards ceremony for finished categories.			
SUNDAY MAY 18 <sup>TH</sup>				
MORNING	AFTERNOON			
General warm-up.				
FINALS				
Awards ceremony for finished categories.				

Note. The program could be modified according to the number of participants and the development of the competition.



# **SPECIFIC RULES FOR CATEGORIES.**

#### <u>INFANTIL (7 – 14)</u>

- Every group will perform a single combined routine. In the case of qualify to the final, all start from zero.
- The maximal length of each exercise will be **<u>2 minutes.</u>**
- Special requirements for groups:
  - > 1 static element and 2 dynamics from different rows of INFANTIL code (2025).
  - Also, they must include on balance element (hold for 3" and value between 1 12 points) and 1 dynamic element between 1 8 points of free election, and meets the following premises:
    - ✓ It will be in the FIG figures or 11-16 FIG AGE GROUP 2025-2028 and it must not be in the same row that the compulsory figures choosen.
- Special requirement for pairs:
  - > 2 static and 2 dynamics from different rows from the INFANTIL code (2025)
  - Also, they must include a balance element (hold 3" and which value will be between 1 – 6 points) y 1 dynamic element (between 1 – 8 points) of free election, and meets the following premises:
    - ✓ It will be in the FIG figures or 11-16 FIG AGE GROUP 2025-2028 and it must not be in the same row that the compulsory figures choosen.
- As in pairs as in groups, gymnasts must show in their routines three individual element choose from these four different categories: FLEXIBILITY, AGILITIES, STATIC HOLDS AND STRENGHT. At least, one TUMBLING element is required. Any individual element must be less than 6 points.
- The Individual Elements as the figures from the FIG tables allow the group/pair to fulfil the special requirement; you won't get any more difficulty value.
- Each requirement missed, individual requirement or special requirement, will have a deduction of one point (1p)
- All dynamics elements must be assisted (except cannonball and 5/4 gainer). No assistance will be penalized 0,5 points.
- The technical and artistry merit will be measuring following the FIG rules.

#### <u>CADETE (8 – 16)</u>

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- Every group will perform a single combined routine. In the case of qualify to the final, start from zero.
- The maximal lenth of each exercise will be **2 minutes.**
- Only in this category (CADETE), if a team have routines with a length of 2'30'' (due to the specific rules of their countries) they must indicate in advantage and only they must write down in the right up corner the length of the routine. If you don't write down previously this point, the CPJ will deduct the extra time from the 2'00''.
- Special requirements for groups:
  - The routine must include 1 static element and 2 dynamics from different rows of FIG Age Group 11 – 16 code (2025-2028).
  - Also, they must include a balance construction (holded 3" and which value will be between 1 – 14 points) and 1 dynamic element between 1 – 10 points of free election, and meets the following premises:
    - ✓ It will be in the FIG figures and it must not be in the same row that the compulsory figures choosen.
- Special requirement for pairs:
  - 2 static and 2 dynamics from different rows of FIG Age Group 11 16 code (2025-2028)
  - Also, they must include on balance element (hold 3" and which value will be between 1-8 points) and 1 dynamic element (between 1-10 points) of free election, and meets the following premises:
    - ✓ It will be in the FIG figures and it must not be in the same row that the figures choosen.
- As in pairs as in groups, gymnasts must show in their routines three individual element choose from these four different categories: FLEXIBILITY, AGILITIES, STATIC HOLDS AND STRENGHT and TUMBLING. At least, one TUMBLING element is required. Any individual element must be less than 10 points.
- The Individual Elements as the figures from the FIG tables allow the group/pair to fulfil the special requirement; you won't get any more difficulty value.
- Each requirement missed, individual requirement or special requirement, will have a deduction of one point (1p)



- All dynamics elements must be assisted (except cannonball and 5/4 gainer). No assistance will be penalized 0,5 points.
- The technical and artistry merit will be measuring following FIG rules.

#### JUVENIL (Pre-youth 9-16)

• They will perform a BALANCE and a DYNAMIC routine. In the case of finals, it will be rules by the FIG AGE GROUP Rules.

#### PRE-JUNIOR (Youth 10 – 18), JUNIOR (Junior 11 – 19) and SENIOR (≥ 12)

• Following FIG rules.

Difficulty will be open in all categories.

- INFANTIL AND CADETE AND JUVENIL can have 0,8 difficulty points if they do it.
- PRE-JUNIOR, JUNIOR can have more points over the limit and it will not penalty them.
- SENIOR difficulty is open.
- No SPANISH BONUS RULES will be applied.

IMPORTANT DATES				
MARCH	March 1st 20251st registration payment. (ECONÓMIC – 35 € p Attach payment receipt.			
	April 1 <sup>st</sup> 2025	Email of confirmation of participation <sup>2nd</sup> registration payment. (NORMAL PRICE – 40 € per gymnast) Attach payment receipt.		
	April 1 <sup>st</sup> 2025	First payment accommodation. 50%.		
APRIL	April 1 <sup>st</sup> 2025	NO Judge payment. (300 €)		
	April 14 <sup>™</sup> 2025	Second payment accommodation. 100%.		
	April 14 <sup>™</sup> 2025	Insurance off all participants		
MAY	May 5 <sup>th</sup> 2025	Deadline for tariffs (PDF)		
	May 5 <sup>th</sup> 2025	Deadline for music (MP3)		